



தமிழ்நாடு ஆசிரியர் கல்வியியல் பல்கலைக்கழகம்
TAMILNADU TEACHERS EDUCATION UNIVERSITY

(Established under Tamil Nadu Act 33 of 2008)

Gangaiamman Koil Street, Karapakkam, Chennai - 600 097.

E-mail: registrar@tnteu.ac.in Website: www.tnteu.ac.in

No. TNTEU/R/Estt/Teach/CBPST/2020/76-(A)

Date: 22.05.2020

Official Communication

Sub: TNTEU - Dr. T. Sivasakthi Rajammal, Assistant Professor & Coordinator – Centre for Capacity Building Programmes for School Teachers, Department of Educational Psychology - Permission granted to organize a National Webinar on Yoga for Fitness and Wellness on 25.05.2020 through online mode - Order issued - Reg.

Ref: 1.Requisition letter dated: 20.05.2020 Dr. T. Sivasakthi Rajammal, Assistant Professor & Coordinator – Centre for Capacity Building Programmes for School Teachers, Department of Educational Psychology, TNTEU.

In the reference 1st cited, Dr. T. Sivasakthi Rajammal, Assistant Professor & Coordinator- Centre for Capacity Building Programmes for School Teachers, Department of Educational Psychology has requested permission to organize a Webinar on Yoga for Fitness and Wellness on 25.05.2020 through online mode.

Dr. T. Sivasakthi Rajammal, Assistant Professor & Coordinator - Centre for Capacity Building Programmes for School Teachers, Department of Educational Psychology is permitted to organize a Webinar on Yoga for Fitness and Wellness on 25.05.2020 through online mode without any financial commitment on the part of the University.

U. Sivasakthi Rajammal
22.05.2020
Registrar i/c

To

Dr. T. Sivasakthi Rajammal,
Assistant Professor,
Coordinator-Centre for Capacity Building Programmes for School Teachers,
Department of Educational Psychology, TNTEU.

Copy to:

1. The Dean of faculty, TNTEU.
2. The Head of Department, Department of Educational Technology, TNTEU.
3. The Finance Officer, TNTEU.
4. PA to Vice Chancellor, TNTEU.

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KARAPAKKAM, CHENNAI - 600 097.

TAMIL NADU TEACHERS EDUCATION UNIVERSITY CENTER FOR CAPACITY BUILDING PROGRAMMES FOR SCHOOL TEACHERS

KARAPAKKAM, CHENNAI-600 097, TAMIL NADU, INDIA



Date : 25.05.2020
Time : 11.00 am to 12.00 pm

NATIONAL WEBINAR ON YOGA FOR FITNESS AND WELLNESS



RESOURCE PERSON

Dr. P. Anbalagan

Professor

Department of Physical Education

Bharathiar University and

Principal i/c

Bharathiar University Arts and Science College
Coimbatore.

Patron

Prof.N.Panchanatham
Vice-Chancellor

Co-Patron

Prof.V.Balakrishnan
Registrar i/c

Convener

Prof.M.Govindan
Dean of Faculty

Organizing Secretary
Dr.T.Sivasakthi Rajammal
Assistant Professor

Organizing Committee Members

Dr. V.Vasudevan

Assistant Professor

Dr. P.N. Lakshmi Shanmugam

Assistant Professor

Mr. S. Balamurugan

Assistant Professor

Programme Host

R.Indhumathi

Research Scholar

IASE, Saidapet

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■ No Registration Fees ■ E-Certificates will be provided



Link of Registration

<https://forms.gle/PSDWMBDVW1tgKDFz8>



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CENTER FOR CAPACITY BUILDING PROGRAMMES FOR SCHOOL TEACHERS

REPORT OF THE NATIONAL WEBINAR

A One Day National Webinar on “Yoga for Fitness and Wellness” was organized by Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 25.05.2020

Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai organized a One Day National Webinar on “Yoga for Fitness and Wellness” on May 25th at 11.00 am. The Convener of the National Webinar, Prof. M. Govindan, Professor & Head, Department of Educational Psychology, Tamil Nadu Teachers Education University, Chennai welcomed the honourable guests and the esteemed gathering. The organizing secretary of the workshop, Dr. T. Sivasakthi Rajammal, Assistant Professor, Department of Educational Psychology & Coordinator, Centre for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai introduced the Resource Person and has been assigned to coordinate the National Webinar.

Dr. P. Anbalagan, Professor, Department of Physical Education, Bharathiar University and Principal i/c, Bharathiar University Arts and Science College, Coimbatore has acted as the Resource Persons. There were 500 participants were participated in Zoom webinar and 255 members were participated in Facebook live and benefited from different states of our country. The Resource Person explained us so much about the importance of yoga. Surely we have been able to make some positive changes in our life, because of his teaching. The enthusiastic participants consisted of dignitaries and scholars from different states all over the country. There was no any registration Fee to participate in the programme. E- Certificates were issued to all the Participants. Mr. S. Balamurgan, Assistant Professor, Department of Educational Psychology, Tamil Nadu Teachers Education University, Chennai proposed the vote of thanks for the webinar. The webinar, being coordinated fruitfully, ignited the minds of the participants to be celebrants.

T. Sivasakthi Rajammal
Coordinator 25/05/2020

Center for Capacity Building Programmes for School Teachers,
TNTEU, Chennai-97

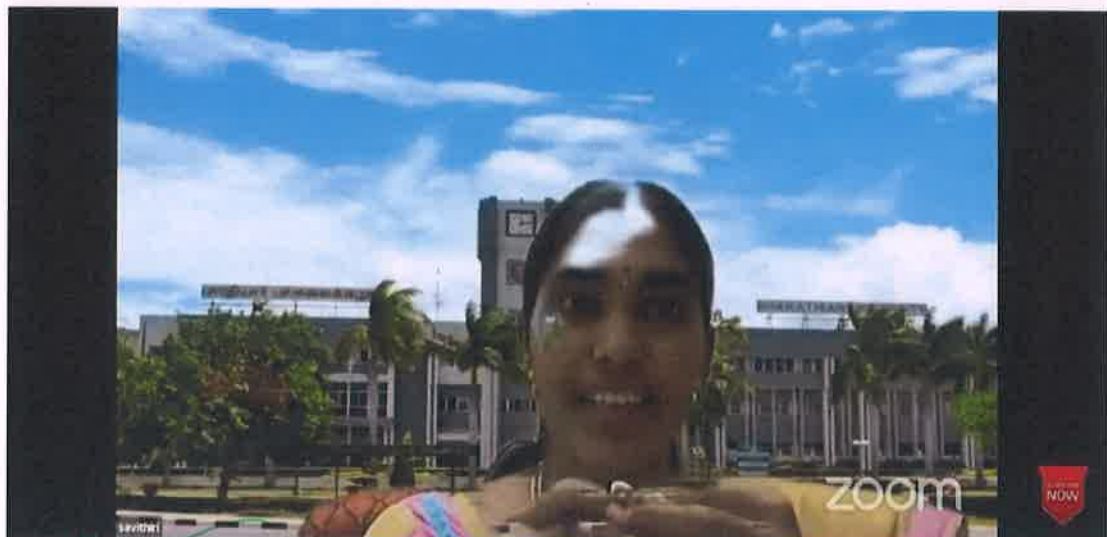
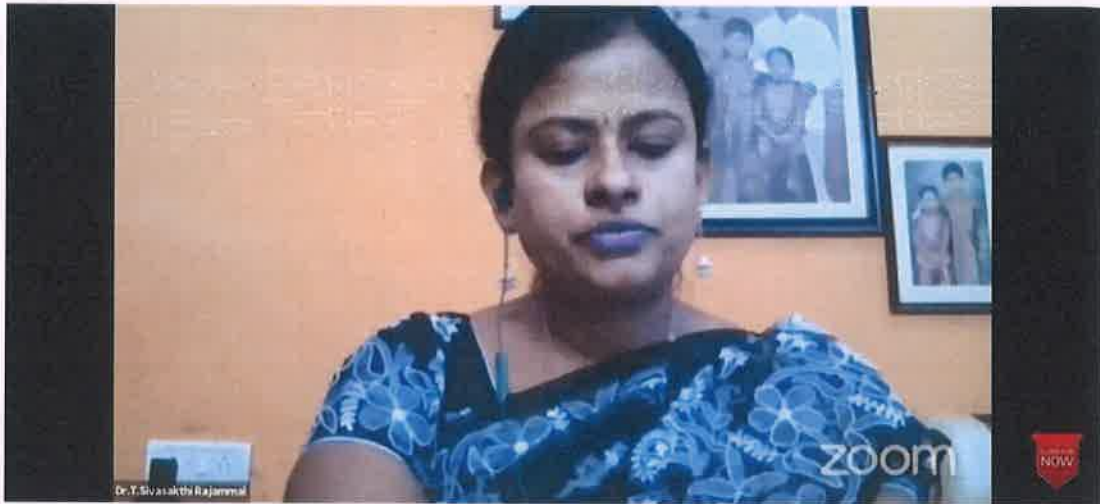
Dr. T. SIVASAKTHI RAJAMMAL
M.Sc(Zoo), M.Sc(Psy), M.Ed., M.Phil., Ph.D.
Assistant Professor,
Department of Educational Psychology,
Tamil Nadu Teachers Education University,
Karapakkam, Chennai - 97



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Yoga for Fitness and Wellness – 25.05.2020



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Attendance -Yoga for Fitness and Wellness - Responses

Timestamp	Salutation	Name	Gender	Designation	Email	Institutional with Affiliation Address	WhatsApp number
25.05.2020	Dr	MEENAKSHI	Female	others	thakurmeenakshi70@yahoo.in	NCERT	9828095558
25.05.2020	Mrs	N. Aswini	Female	Teachers	aswiniml@gmail.com	Adhiparasakthi matriculation higher secondary school melmaruvathur	7708321754
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25.05.2020	Ms	Nehed Parveen Mohammad	Female	Assistant Professor	naheed478@gmail.com	Degree college of physical education HVPAM Amravati Maharashtra	9022729043



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25.05.2020	Mr	M KARTHIKEYAN	Male	Assistant Professor	karthims8127@gmail.com	PRIST Deemed to be University, Trichy	8883338380
25.05.2020	Mr	Manish Kumar	Male	Professor	advocate.manushpatna@gmail.com	S P Y Law College Gaya	9122562111
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