



தமிழ்நாடு ஆசிரியர் கல்வியியல் பல்கலைக்கழகம்  
**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
(Established under Tamil Nadu Act 33 of 2008)  
Gangaiamman Koil Street, Karapakkam, Chennai - 600 097.  
E-mail: registrar@tnteu.ac.in Website: www.tnteu.ac.in

No. TNTEU/R/Estt/Teach/CBPST/2020/ 63 - (C)

Date: 20.05.2020

**Official Communication**

**Sub:** TNTEU - Dr. T. Sivasakthi Rajammal, Assistant Professor & Coordinator – Centre for Capacity Building Programmes for School Teachers, Department of Educational Psychology - Permission granted to organize a National Webinar on Yoga for Mind and Body on 21.05.2020 through online mode - Order issued - Reg.

**Ref:** 1.Requisition letter dated: 15.05.2020 Dr. T. Sivasakthi Rajammal, Assistant Professor & Coordinator – Centre for Capacity Building Programmes for School Teachers, Department of Educational Psychology, TNTEU.

In the reference 1<sup>st</sup> cited, Dr. T. Sivasakthi Rajammal, Assistant Professor & Coordinator- Centre for Capacity Building Programmes for School Teachers, Department of Educational Psychology has requested permission to organize a Webinar on Yoga for Mind and Body on 21.05.2020 through online mode.

Dr. T. Sivasakthi Rajammal, Assistant Professor & Coordinator - Centre for Capacity Building Programmes for School Teachers, Department of Educational Psychology is permitted to organize a Webinar on Yoga for Mind and Body on 21.05.2020 through online mode without any financial commitment on the part of the University.

*U. Sivasakthi Rajammal*  
20.05.2020

Registrar i/c

**To**

Dr. T. Sivasakthi Rajammal,  
Assistant Professor,  
Coordinator-Centre for Capacity Building Programmes for School Teachers,  
Department of Educational Psychology, TNTEU.

**Copy to:**

1. The Dean of faculty, TNTEU.
2. The Head of Department, Department of Educational Technology, TNTEU.
3. The Finance Officer, TNTEU.
4. PA to Vice Chancellor, TNTEU.

REGISTRAR i/c

TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI - 600 097



*U. Sivasakthi Rajammal*  
VICE-CHANCELLOR  
TAMILNADU TEACHERS EDUCATION UNIVERSITY  
KARAPAKKAM, CHENNAI - 600 097.

**TAMIL NADU TEACHERS EDUCATION UNIVERSITY  
CENTER FOR CAPACITY BUILDING PROGRAMMES  
FOR SCHOOL TEACHERS**

Karapakkam, Chennai-600 097

**National Webinar on**

**"YOGA FOR MIND AND BODY"**

**MAY THURSDAY  
21  
2020 11.30 AM - 01.00 PM**



**Resource Person**

**Dr. P. Kumaresan**

**B.N.Y.S., M.D. (Yoga)**

**Assistant Medical Officer / Lecturer  
Govt. Yoga & Naturopathy Medical College  
Arumbakkam, Chennai - 600106**

**Patron**

**Prof. N. Panchanatham**  
Vice-Chancellor

**Co-Patron**

**Prof. V. Balakrishnan**  
Registrar i/c

**Convener**

**Prof. M. Govindan**  
Dean of Faculty

**Organizing Secretary**

**Dr. T. Sivasakthi Rajammal**  
Assistant Professor

**Organizing Committee Members**

**Dr. V. Vasudevan,**

Assistant Professor

**Dr. P.N. Lakshmi Shanmugam,**

Assistant Professor

**Mr. S. Balamurugan,**

Assistant Professor

**Programme Host**

**R. Indhumathi**

Research Scholar  
IASE, Saidapet



**zoom**

**VICE-CHANCELLOR**  
TAMILNADU TEACHERS EDUCATION UNIVERSITY  
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Registrar's Office  
Link of Registration:

<https://forms.gle/AfSMguzspEzaw6yk8>

**No Registration Fees**

**E-Certificates will be provided**





**TAMIL NADU TEACHERS EDUCATION UNIVERSITY**  
**Karapakkam, Chennai-97**

**CENTER FOR CAPACITY BUILDING PROGRAMMES FOR SCHOOL TEACHERS**

**REPORT OF THE NATIONAL WEBINAR**

**A One Day National Webinar on “Yoga for Mind and Body” was organized by Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 21.05.2020**

Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai organized a One Day National Webinar on “Yoga for Mind and Body” on May 21<sup>st</sup> at 12.00pm. The Convener of the National Webinar, Prof. M. Govindan, Professor & Head, Department of Educational Psychology, Tamil Nadu Teachers Education University, Chennai welcomed the honourable guests and the esteemed gathering. The organizing secretary of the workshop, Dr. T. Sivasakthi Rajammal, Assistant Professor, Department of Educational Psychology & Coordinator, Centre for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai introduced the Resource Person and has been assigned to coordinate the National Webinar.

Dr. P. Kumaresan, Assistant Medical Officer/Lecturer, Govt. Yoga & Naturopathy Medical College, Arumbakkam, Chennai – 600 106 has acted as the Resource Persons. There were 500 participants were participated and benefited from different states of our country. The enthusiastic participants consisted of dignitaries and scholars from different states all over the country. There was no any registration Fee to participate in the programme. E- Certificates were issued to all the Participants. Mr.S.Balamurgan, Assistant Professor, Department of Educational Psychology, Tamil Nadu Teachers Education University, Chennai proposed the vote of thanks for the webinar. The webinar, being coordinated fruitfully, ignited the minds of the participants to be celebrants.

*T. Sivasakthi Rajammal*  
Coordinator 21/05/2020

**Center for Capacity Building Programmes for School Teachers,**  
**TNTEU, Chennai-97**

*[Signature]*  
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**Dr. T. SIVASAKTHI RAJAMMAL**  
M.Sc(Zoo), M.Sc(Psy), M.Ed., M.Phil., Ph.D.  
Assistant Professor,  
Department of Educational Psychology,  
Tamil Nadu Teachers Education University,  
Karapakkam Chennai - 97

*[Signature]*  
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Yoga for Mind and Body – 21.05.2020



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## Attendance - Yoga for Mind and Body - Responses

Timestamp	Salutation	Name	Gender	Designation	Email	Institutional with Affiliation Address	WhatsApp number
21.05.2020	Mrs	ANURADHA DANG	Female	Assistant Professor	anuradha1gdbc@gmail.com	Gautam Buddha Degree College, University of Lucknow	9307024575
21.05.2020	Mrs	Prof.Mays sudesh Meshram	Female	Associate Professor	maya.meshram04@gmail.com	L.A.D.Smt R.P. College Shankar Nagar Nagpur	9822150551
21.05.2020	Dr	Pratibha Pandey	Female	Assistant Professor	yashpandey52722@gmail.com	Sahu Ramswaroop Mahila Maha Vidyalaya Bareilly	9410648716
21.05.2020	Mr	V. ASHOKAN	Male	Assistant Professor	bicashokv@gmail.com	GOVERNMENT ARTS COLLEGE DHARMAPURI 636705	9500881414
21.05.2020	Mrs	Sangeetha C	Female	Assistant Professor	sangeethbalu1982@gmail.com	Masinaikanpatti	8056517461
21.05.2020	Mrs	M. Kaleeswari	Female	others	kaleeswari641990@gmail.com	Ayothiyapattanam	7845832009
21.05.2020	Mr	BAVALIYA JIGNESH	Male	others	inbavaliya@gmail.com	T N RAO COLLEGE	9737353689
21.05.2020	Mr	R.MOHANRAJ	Male	Assistant Professor	mohanrajgirija1982@gmail.com	Sri sundareswari college of Education. Srivilliputhur	9976444988
21.05.2020	Dr	Ajit Kumar Bohet	Male	Assistant Professor	jamiab.ajit@gmail.com	Department of Teacher Training and Non-Formal Education (IASE), F/O Education, Jamia Millia Islamia, New Delhi 25	9873788588
21.05.2020	Mr	ZINZALA JAYSUKHBHAI BHUPATBHAI	Male	Research Scholar	zinzalajaysukh@gmail.com	VNSGU , Surat	8758464758
21.05.2020	Mrs	Shivani jain	Female	Assistant Professor	shivanijain410@gmail.com	Guru ram Dass College of Education Delhi	9205016631
21.05.2020	Dr	R.suji karthika	Female	Assistant Professor	sujikarthika88@gmail.com	Fatima colleg	8754653318
21.05.2020	Mr	ATAUR RAHAMAN	Male	Research Scholar	ataur.indian@gmail.com	Central University of Haryana	9143227435
21.05.2020	Mr	Raj Deo Singh	Male	Assistant Professor	rajdeoinghim@gmail.com	Kgk pg college moradabad u.p. affiliated with M.J.P. Rohilkhand university bareilly u.p.	9918482906
21.05.2020	Mr	Prof. Vaibhav kiranrao Zanzad	Male	Assistant Professor	vebuzanzad@gmail.com	Nutan Adarsh College. Umred	8855888265
21.05.2020	Dr	Vilas Bhanudas Bandgar	Male	Assistant Professor	vilasbandgar@gmail.com	Uma Shikshanshastra Mahavidyalya B. Ed. Pandharpur	9860845730
21.05.2020	Mr	Prof. Sanjay Vite	Male	Assistant Professor	sanjayvite@gmail.com	Smt. Radhadevi Goenka College for Women, Akola	9922516626
21.05.2020	Dr	Dr Gurudatta G Rajput	Male	Professor	grajputsir@gmail.com	S B Arts and commerce college Aurangabad Maharashtra	9175718794
21.05.2020	Mr	VELLAISAMY P	Male	Assistant Professor	p.v.samy.zoo@gmail.com	S.Veeraramy Chettiar College of Education, Pullangudi, Thenkasi(District).	9952125833
21.05.2020	Mr	Sunilkumar12790@gmail.com	Male	Research Scholar	sunilkumar12790@gmail.com	KMCL university lucknow	9807947717
21.05.2020	Dr	Meeral Ganatra	Female	Professor	meenal.ra@gmail.com	Harvardana B.Ed. College, munjka, near saurashtra University , Rajkot.	9898017110
21.05.2020	Dr	Ramakant Ambadas Chaudhari	Male	Assistant Professor	ramakant@gmail.com	R. C. Patel Art's, Commerce and Science College- Shirpur Dist Dhule M.S.	9758736283
21.05.2020	Dr	A. divya	Female	others	pravinikumar3473@gmail.com	Sri Balaji college of education	6379141014
21.05.2020	Mr	REGISTRAR B&M	Male	others	registrars@gnmfc.com	PES Pu College K V Shankaragowda road Mandya	VICE-CHANCELOR 399



21.05.2020	Ms	Thenmozhi.R	Female	Assistant Professor	them2806@gmail.com	Marudhar Kesari Jain College for women Sachchidanand Sinha college, Department of Education , Plot No. -405,475,476,Street No. - Poiwan Road, Vill. - Gangati, PO. Sinha College, Tehsil/Taluka Aurangabad, Town /City -Aurangabad, Dist. Aurangabad, Bihar	8682961882
21.05.2020	Mr	RAJESH KUMAR A. TAYYAB SAHEBLAL SHAIKH	Male	Assistant Professor	rajeshmed53@gmail.com	MGDW COLLEGE OF EDUCATION SOLAPUR MAHARASHTRA	9507151145
21.05.2020	Mr	M A SUDHA	Female	Assistant Professor	tayyabshaiKH400@gmail.com	Giresha college of Education Hinyur Chitradurga Dist. Karnataka Affiliated to Davanagere University	9921928205
21.05.2020	Ms	DIBYA SINGH YADAV	Female	Teachers	masudha12857@gmail.com	Central Hindu girls school BHU Varanasi	9651279054
21.05.2020	Ms	Annabel J	Female	others	itsdibyao1@gmail.com	Stella Matutina college of education	7358120027
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21.05.2020	Ms	S.Padmapriya	Female	others	abikesav2495@gmail.com	Apollo Arts and science college Chennai	9087642339
21.05.2020	Dr	Neelima Deepak Raut	Female	Assistant Professor	priyad0802@gmail.com	Dr. Punjabrao Deshmukh arts and Commerce College Nagpur, Rashtarasant tukadoji Mahataj Nagpur University Nagpur	9975053743
21.05.2020	Dr	SUNIL KUMAR VERMA	Male	Teachers	neelmaraut1919@gmail.com	JNV, KHAPCHO, LONGDING, ARUNACHAL PARESH	9928365815
21.05.2020	Mrs	Indhira	Female	Research Scholar	kurbarasunil@gmail.com	Peiyar University, salem	9688264430
21.05.2020	Mrs	Sulakshna Kisanrao Bhargande	Female	Teachers	indrashok@gmail.com	Sharadchandra Pawar Prashala, Solapur.	9689939951
21.05.2020	Dr	DR. Imtiyaz mansoori	Male	Professor	sbhargande@gmail.com	Sendhwa Sharink shiksha sand than vil- Charlie ( Sendhwa) Dist. Bargain ( M.P.) 451666	9977289988
21.05.2020	Ms	Ruchi Singh	Female	Research Scholar	imtiyaz.rajpour@gmail.com	SCHOOL OF EDUCATION, DAVV, INDORE	6394500868
21.05.2020	Ms	Stuti Singhal	Female	Research Scholar	mehtoruchi0@gmail.com	Amity Institute of Rehabilitation Sciences, Noida Nazareth College of Education for Women CC 10213, Chennai 62	7827923404
21.05.2020	Dr	B. Golden Kisha	Female	Assistant Professor	stutisinghal1996@gmail.com		7200961362
21.05.2020	Dr	Riya Tiwari	Female	others	principalncefw@gmail.com	Pt. Ravishankar Shukla university Raipur	9827391863
21.05.2020	Mrs	R.SELVA SUBATHRA	Female	Assistant Professor	tiwari.riya09@gmail.com	N.R.BHAGAT SENIOR COLLEGE OF ARTS, COMMERCE&SCIENCE/ MUMBAI UNIVERSITY	9987332473
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21.05.2020	Ms	P. SANTHIYA SUBBULAKSHMI	Female	Research Scholar	parimalanithvik@gmail.com	SADAKATHULLAH APPA COLLEGE (AUTONOMOUS), TIRUNELVELI	9442581372
21.05.2020	Dr	Ashok Abhishek	Male	Assistant Professor	p.santhiya10@gmail.com	J.J.college, Jhumri telaiya, Koderma, Jharkhand	7979784097
21.05.2020	Mr	Narayan Prasad Chaudhari	Male	Research Scholar	dr.ashokabhishek@gmail.com	CIE, University of Delhi	9425363740
21.05.2020	Mr	Selvanesan R	Male	Research Scholar	ppr0808@gmail.com	Alagappa University College of Education, Karaikudi.	9499254743
21.05.2020	Mr	ET Ankus Sharma	Male	Teachers	selvagamedan@gmail.com	DIPS, Punjab	7868445090
21.05.2020	Mr	REGISTRAR P/Plg	Male	others	ankush.mike@gmail.com	State Council of Education	9530504072



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