

From

Dr.R.Rajalakshmi,
Assistant Professor,
Department of Value Education,
Tamil Nadu Teachers Education University,
Chennai

To

The Registrar,
Tamil Nadu Teachers Education University,
Chennai

Through

Dr.M.Soundararajan,
Dean of Faculty,
Professor and Head,
Department of Value Education,
Tamil Nadu Teachers Education University,
Chennai

Respected Sir,

Subject: Requesting permission to conduct Two –day’s Workshop on
“Development of Positive Thinking” on 4.4.2018 and 5.4.2018– Reg.

We wish to conduct Two –day’s Workshop on “Development of Positive Thinking” on
4.4.2018 and 5.4.2018 to our M.Ed., Students, Ph.D., Research scholars and Faculty members.
I request you to kindly permit us to conduct the workshop.

Thanking you,

Your Faithfully,


(Dr.R.RAJALAKSHMI).



REGISTRAR

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI-600 097





VICE-CHANCELLOR
TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097.



தமிழ்நாடு ஆசிரியர் கல்வியியல் பல்கலைக்கழகம்
TAMILNADU TEACHERS EDUCATION UNIVERSITY
(Established under Tamil Nadu Act 33 of 2008)
Gangaiamman Koil Street, Karapakkam, Chennai - 600 097.
E-mail: registrar@tnteu.ac.in Website: www.tnteu.ac.in

No. TNTEU/R/Estt/Teach/ 2020/

Date: 23.3. 2018

Official Communication

Sub: TNTEU – Dr.R.Rajalakshmi, Assistant Professor, Department of Value Education
- Permission granted to organize Two –day’s Workshop on “Development of Positive Thinking” on 4.4.2018 and 5.4.2018- Order issued - Reg.

Ref: 1. Requisition letter dated: 20.3.2018. Dr.R.Rajalakshmi, Assistant Professor, Department of Value Education, TNTEU.

In the reference 1st cited, Dr.R.Rajalakshmi, Assistant Professor, Department of Value Education has requested permission to organize Two –day’s Workshop on “Development of Positive Thinking” for our M.Ed., Students, Ph.D., Research scholars and Faculty members.

Dean of Faculty

To

Dr.R.Rajalakshmi,
Assistant Professor,
Department of Value Education,
Tamil Nadu Teachers Education University, Chennai.

Copy to:

1. The Head of Department, Department of Value Education, TNTEU.
2. The Finance Officer, TNTEU.
3. PA to Vice Chancellor, TNTEU.

REGISTRAR

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI-600 097



VICE-CHANCELLOR
TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097.

VALEDICTORY FUNCTION

Invocation

Welcome Address By

Dr.M.SOUNDARARAJAN

Professor and Head Department of Value Education, TNTEU

Valedictory address by

Prof.S.THANGASAMY,

Vice Chancellor, TNTEU

Presidential address by

Dr.N.RAVINDRANATH TAGORE

Registrar i/c & Controller of Examinations, TNTEU

Felicitation by

Dr.V.BALAKRISHNAN

Dean of Faculty, TNTEU

Special Address by

Bk. Vijayalakshmi

Bk. Vasundara

Prajapita BrahmaKumaris Ishwaniya Vishwa Vidyalaya, Adyar, Chennai

Feedback

Certificate Distribution

Vote of Thanks

Mr.V.Vijayakumar

Assistant Professor, TNTEU

REGISTRAR

TAMIL NADU TEACHERS EDUCATION UNIVERSITY

CHENNAI - 600 057

Date: 05.04.2018, Time:04.00 pm



தமிழ்நாடு ஆசிரியர் கல்வியியல் பல்கலைக்கழகம்

TAMILNADU TEACHERS EDUCATION UNIVERSITY

INAUGURAL FUNCTION

You are cordially invited for the Inaugural Function of

TWO DAY WORKSHOP ON "DEVELOPMENT OF POSITIVE THINKING"

Hon'ble Vice Chancellor, Tamil Nadu Teachers Education University

Prof.S.THANGASAMY Ph.D

has kindly consented to deliver the inaugural address

Dr.N.RAVINDRANATH TAGORE Ph.D

Registrar i/c & Controller of Examinations

has kindly consented to deliver the presidential address

Dr.V.BALAKRISHNAN

Dean of Faculty,

Will felicitate the function

Br.Manivannan

Bk.Swarnalakshmi,

Bk.Leela

Pranjapita BrahmaKumaris Ishwaniya Vishwa Vidyalaya, Adyar, Chennai
will deliver the special address

Dr.R.Rajalakshmi

Assistant Professor,

will introduce the Special Guest

Dr.K.Ratheeswari

Assistant Professor,

will propose vote of thanks

REGISTRAR



Date: 04.04.2018 Time: 11.00a.m Venue: Seminar Hall, TNTEU

VALEDICTORY FUNCTION

You are cordially invited for the Valedictory Function of
TWO DAY WORKSHOP ON "DEVELOPMENT OF POSITIVE THINKING"

Hon'ble Vice Chancellor, Tamil Nadu Teachers Education University

Prof. S. THANGASAMY Ph.D

has kindly consented to deliver the valedictory address

Dr. N. RAVINDRANATH TAGORE Ph.D

has kindly consented to deliver the presidential address
Registrar i/c & Controller of Examinations

Dr. V. BALAKRISHNAN

Dean of Faculty,
Will felicitate the function

Dr. M. SOUNDARARAJAN

Professor and Head Department of Value Education
Will deliver the welcome address

Bk. Vijayalakshmi

Bk. Vasundara,

Bk. Leela

Prajapita BrahmaKumaris Ishwariya Vishwa Vidyalaya, Adyar, Chennai
Will deliver the special address

Mr. V. Vijayakumar

Assistant Professor, TNTEU
Will propose vote of thanks

REGISTRAR

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI-600 087

Date : 05.04.2018 Time : 04.00p.m
Venue : Seminar Hall, TNTEU

PROGRAMME

INAUGURAL FUNCTION

INVOCATION

Welcome Address by

Dr. M. SOUNDARARAJAN

Professor and Head Department of Value Education, TNTEU

Honouring the Guests

Inaugural address by

Prof. S. THANGASAMY

Vice Chancellor, TNTEU

Presidential address by

Dr. N. RAVINDRANATH TAGORE

Registrar i/c & Controller of Examinations

Felicitation by

Dr. V. BALAKRISHNAN

Dean of Faculty, TNTEU

Special Address by

Br. Manivannan

Bk. Swarnalakshmi & Bk. Leela

Prajapita BrahmaKumaris Ishwariya Vishwa Vidyalaya, Adyar, Chennai

Introduction of Special Guest by

Dr. R. RAJALAKSHMI

Assistant Professor, TNTEU

Vote of Thanks by

Dr. K. RATHEESWARI

Assistant Professor, TNTEU

04.04.2018

11.30 a.m to 01.00 p.m - Session -1
01.00 p.m to 02.00 p.m - Lunch
02.00 p.m to 03.15 p.m - Session -2
03.15 p.m to 03.30 p.m - Tea Break
03.30 p.m to 05.00 p.m - Session -3

05.04.2018

10.30 a.m to 11.45 a.m - Session -4
11.45 a.m to 12.00 p.m - Tea Break
12.00 p.m to 01.15 p.m - Session -5
01.15 p.m to 02.15 p.m - Lunch
02.15 p.m to 03.45 p.m - Session -6
03.45 p.m to 04.00 p.m - Tea Break

VICE-CHANCELLOR

TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 087.

REGISTRATION: 10.15 am

Date 04.04.2018 Time : 11.00 am

TAMILNADU TEACHERS EDUCATION UNIVERSITY

DEPARTMENT OF VALUE EDUCATION

CHENNAI

Two –day’s Workshop on “Development of Positive Thinking”

On 04.04.2018 and 05.04.2018

Inauguration of Two –day’s Workshop on “Development of Positive Thinking” was started at 11.00 am on 4.4.2018 with lighting of lamp by the Honourable Vice Chancellor, Registrar, Bk. Manivannan, Bk.Leela and Bk. Swarnalakshmi. Welcome address was delivered by Prof.M.Soundararajan, Head, Department of Value Education and Felicitation address was given by Prof.V.Balakrishnan. Then our Registrar gave presidential address followed by inaugural address by Honourable Vice Chancellor Prof. S. Thangasamy. The chief guest was introduced by Dr.Rajalakshmi, Assistant Professor followed by special address delivered by Bk. Swarnalakshmi. She gave introduction about the “Two –day’s Workshop on “Development of Positive Thinking” and the services rendered by the Brahmakumaris. The programme came to an end with vote of thanks given by Dr.K.Ratheeswari, Assistant professor.

The Session 1 – Handling Stress was handled by Bk. Manivannan. He explained about the nature, causes and effects of stress and how to handle it. The session was very interesting as he quoted many examples and stories. He also showed documentary films from day-to-day life and opened the mind of the audience. After lunch Session 2 – Positive Thinking was handled by Bk. Swarnalakshmi. She discussed about Positive Thinking and made the participants to participate actively by discussion, question and answer, simple exercises etc.

The Session 3-Meditation as a tool for inner silence was handled by Bk. Swarnalakshmi and she started the session with meditation and simple walking inside the hall. Then she explained about the power of meditation and how to meditate and its procedures and importance. The session ended with a discussion and participants clarified their doubts.

The second day programme the Session – 4 – Being Thankful was started by Bk. Vasundara with meditation. She asked the participants to stand face to face in two’s and share their feeling about the previous day programmes and to thank all those in their life. She asked question to the participants and wrote the answers on the board. Then she explained each and every word in relation to thankfulness. She ended the session with the following words:

REGISTRAR

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI-600 097



VICE-CHANCELLOR
TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097.



TAMILNADU TEACHERS EDUCATION UNIVERSITY

Certificate of Participation

This is to certify that

Dr./Mr./Ms. S. SENTHIL KUMAR, M.Ed. Scholar.....

participated in the two day workshop on “Development of Positive Thinking” organized by
Department of Value Education, Tamil Nadu Teachers Education University, Chennai-97
on **04.04.2018 & 05.04.2018.**

[Signature]

Dr. M. Soundararajan Ph.D
Co-ordinator
Tamil Nadu Teachers Education University
Chennai

[Signature]

Dr. N. Ravindranath Tagore Ph.D
Registrar i/c
Tamil Nadu Teachers Education University
Chennai

[Signature]

Prof. S. Thangasamy Ph.D
Vice Chancellor
Tamil Nadu Teachers Education University
Chennai

REGISTRAR



Vice Chancellor

TAMILNADU TEACHERS EDUCATION UNIVERSITY

KARAPAKKAM, CHENNAI-600 097

Chennai-600 097