



தமிழ்நாடு ஆசிரியர் கல்வியியல் பல்கலைக்கழகம்
TAMILNADU TEACHERS EDUCATION UNIVERSITY
(Established under Tamil Nadu Act 33 of 2008)
Gangaiamman Koil Street, Karapakkam, Chennai - 600 097.
E-mail: registrar@tnteu.ac.in Website: www.tnteu.ac.in

No. TNTEU/R/Estt/Teach/ Yoga and Meditation /2021/ 1148 - A

Date: 18.07.2021

Official Communication

Sub: TNTEU – Mr. V. Vijayakumar , Assistant Professor & Deputy Director – Centre for Yoga and Meditation, Department of Value Education - Permission granted to organize a Celebration for 7th international Yoga day on 21-06-2021 through online mode - Order issued - Reg.

Ref: 1.Requisition letter dated: 14.06.2021 . Mr. V. Vijayakumar. Assistant Professor & Deputy Director – Centre for Yoga and Meditation. Department of Value Education, TNTEU.

In the reference 1st cited, Mr. V. Vijayakumar, Assistant Professor & Deputy Director – Centre for Yoga and Meditation, Department of Value Education has requested permission to organize a Celebration for 7th international Yoga day on 21-06-2021 through online mode.

Mr. V. Vijayakumar, Assistant Professor & Deputy Director – Centre for Yoga and Meditation, Department of Value Education is permitted to organize a Celebration for 7th international Yoga day on 21-06-2021 through online mode without any financial commitment on the part of the University.

V. Balakrishnan
Registrar i/c 18.7.21

To

Mr. V. Vijayakumar,
Assistant Professor,
Coordinator – Centre for Yoga and Meditation,
Department of Value Education, TNTEU.

Copy to:

1. The Dean of faculty, TNTEU.
2. The Head of Department, Department of Value Education, TNTEU.
3. The Finance Officer, TNTEU.
4. PA to Vice Chancellor, TNTEU.

[Signature]
REGISTRAR i/c
TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI-600 097



[Signature]
VICE-CHANCELLOR
TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097.

YOGA PROGRAMME 2021
21.06.2021
(Centre for Yoga and Meditation)

7th international yoga day was celebrated on 21-6-2021 morning 7.15 am to 8.00am by centre for yoga and meditation, TNTEU in the online mode. Prof N.Panchanatham, vice chancellor, TNTEU as a patron over the programme, prof. M. Soundararajan head of department and director of centre for yoga and meditation, TNTEU acted as a co-ordinate the programme, Mr.V. Vijayakumar, Assistant Professor and deputy director of centre for yoga and meditation, TNTEU served as organise the programme. Mr. P. Ravikumar, Yoga Volunteer (Professional Approved by Minister of AYUSH), Swami Vivekananda Yoga Center, Theni worked as a resource person for the programme. He spoke on the topic of "Be with Yoga, Be at Home". There are 55 students has participated in the programme.

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
Centre for Yoga & Meditation
 (Department of Value Education)
 Chennai-97.

Cordially invites you all to celebrate
7th INTERNATIONAL DAY OF YOGA 2021
"Be with Yoga, Be at Home!"

Patron
Prof. N. Panchanatham
 Vice-Chancellor,
 TNTEU.

Programme Convener / Coordinator
Prof. M. Soundararajan
 Prof & Head Dept. of Value Education,
 Director, Centre for Yoga & Meditation,
 TNTEU, Chennai-97.

Co-Patrons

Prof. V. Balakrishnan
 Registrar i/c
 TNTEU.

Prof. M. Govindan
 Controller of Examinations i/c
 TNTEU.

Resource Person
Mr. P. Ravikumar
 M.Sc. Yoga, M.Ed., Ph.D., Yoga, Yoga (M.D. M.P.P.P.S.S.A.)
 Yoga Volunteer (Professional)
 (Approved by Ministry of AYUSH)
 Swami Vivekananda Yoga Centre,
 Theni.

7th INTERNATIONAL DAY OF YOGA 2021

Date	Time
21.06.2021 (Monday)	7.15am to 8.00am

(Common Yoga Protocol as per - IDY - 2021)

Programme Organiser
 Mr. V. Vijayakumar
 Assistant Professor
 Department of Value Education
 Co-Ordinator, Centre for Yoga & Meditation
 TNTEU, Chennai-97.

Programme Co-Organiser
 Dr. R. Rajalakshmi
 Dr. K. Ratheswari
 Assistant Professors
 Department of Value Education
 TNTEU, Chennai-97.

Organising Members
 Mr. K. Balasubramanian
 Mr. A. Purushothaman
 Ph. D. Scholars,
 TNTEU, Chennai-97.

* e-Certificate for all the participation

V. Vijayakumar
V. VIJAYAKUMAR,
 Assistant Professor,
 Department of Value Education,
 TAMILNADU TEACHERS EDUCATION UNIVERSITY,
 CHENNAI-97.

m. n. d.
 REGISTRAR i/c

[Signature]
 VICE-CHANCELLOR





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Phone No.044-28389040, 044-28389043, E-mail: registrar@tneu.ac.in Website: www.tneu.ac.in

CENTRE FOR YOGA AND MEDITATION

Yoga programme 2021 on 21.06.2021

ATTENDANCE

Sl.No	Student Enrolment number	Student Name
1.	1000119MD001	Augstin Jebakumar J T
2.	1000119MD002	Devi P
3.	1000119MD003	Jancy M
4.	1000119MD004	Kanimozhi P
5.	1000119MD005	Renugadevi M
6.	1000119MD006	Kavitha Ceceli R
7.	1000119MD007	Sheeba S
8.	1000119MD008	Sophia B
9.	1000120MD001	Aarathy. A
10.	1000120MD002	Abirami.L
11.	1000120MD003	Adhil Ahamed.S
12.	1000120MD004	Agilandeswari.R
13.	1000120MD005	Alex Caleb.S
14.	1000120MD007	Anita Aminathap G
15.	1000120MD008	Arivazhagan.V
16.	1000120MD009	Azazul Haque
17.	1000120MD010	Bhuvaneshwari P
18.	1000120MD011	Deepa P
19.	1000120MD012	Devi Bala S
20.	1000120MD013	Gayathri. B
21.	1000120MD014	Hema.M
22.	1000120MD016	Janarthanan.C
23.	1000120MD017	Kalyanasundaranar. A
24.	1000120MD018	Kalyani. S
25.	1000120MD019	Kamalakaran.S
26.	1000120MD020	Krishnamurthy.M
27.	1000120MD022	Miracline.S.F
28.	1000120MD023	Murali. E
29.	1000120MD024	Nirmala Devi. N
30.	1000120MD025	Pandidurai. R

V. Vijayakumar
V. VIJAYAKUMAR,

Assistant Professor,
Department of Value Education,
TAMILNADU TEACHERS EDUCATION UNIVERSITY,
CHENNAI-97.

m. n. d.

REGISTRAR i/c

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097



[Signature]

VICE-CHANCELLOR

TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097.



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Phone No.044-28389040, 044-28389043, E-mail: registrar@tneuu.ac.in Website: www.tneuu.ac.in

Sl.No	Student Enrolment number	Student Name
31.	1000120MD026	Ponnudurai.M
32.	1000120MD027	Princy.B
33.	1000120MD028	Pugazhenthik.K
34.	1000120MD029	Rajalakshmi.K
35.	1000120MD030	Revathi.N
36.	1000120MD031	Sangeetha.L
37.	1000120MD032	Santhi.S
38.	1000120MD033	Selvakumar.T
39.	1000120MD034	Senthilkumar.L
40.	1000120MD035	Sharmila.K
41.	1000120MD036	Shijina.E.N
42.	1000120MD037	Sonai.A
43.	1000120MD038	Sornalatha.T
44.	1000120MD039	Srinivasan Amul Kumar.P
45.	1000120MD040	Sripriya.S
46.	1000120MD041	Subramani.K
47.	1000120MD042	Subramanian.H
48.	1000120MD043	Suganthi.R
49.	1000120MD044	Thirumal.G
50.	1000120MD045	Udayakumar.P
51.	1000120MD046	Usha.K
52.	1000120MD047	Velu. S
53.	1000120MD048	Vennila R
54.	1000120MD049	Vigneshwari.S
55.	1000120MD050	Vinayagam C

V. Vijayakumar

V. VIJAYAKUMAR,

Assistant Professor,

Department of Value Education,

TAMILNADU TEACHERS EDUCATION UNIVERSITY,

CHENNAI-97.

m. n. d.

REGISTRAR i/c

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E-mail: registrar@tnteu.ac.in Website: www.tnteu.ac.in

No. TNTEU/R/Estt/Teach/ Yoga and Meditation /2020/ 91-M

Date: 19.06.2020

Official Communication

Sub: TNTEU – Mr. V. Vijayakumar , Assistant Professor & Deputy Director – Centre for Yoga and Meditation, Department of Value Education - Permission granted to organize a Celebration for 6th international Yoga day on 21-06-2020 through online mode - Order issued - Reg.

Ref: 1.Requisition letter dated: 16.06.2020 . Mr. V. Vijayakumar, Assistant Professor & Deputy Director – Centre for Yoga and Meditation, Department of Value Education, TNTEU.

In the reference 1st cited, Mr. V. Vijayakumar, Assistant Professor & Deputy Director – Centre for Yoga and Meditation, Department of Value Education has requested permission to organize a Celebration for 6th international Yoga day on 21-06-2020 through online mode.

Mr. V. Vijayakumar, Assistant Professor & Deputy Director – Centre for Yoga and Meditation, Department of Value Education is permitted to organize a Celebration for 6th international Yoga day on 21-06-2020 through online mode without any financial commitment on the part of the University.

Vijayakumar
19.06.2020
Registrar i/c

To

Mr. V. Vijayakumar.
Assistant Professor.
Coordinator – Centre for Yoga and Meditation,
Department of Value Education, TNTEU.

Copy to:

1. The Dean of faculty, TNTEU.
2. The Head of Department, Department of Value Education, TNTEU.
3. The Finance Officer, TNTEU.
4. PA to Vice Chancellor, TNTEU.

Vijayakumar
REGISTRAR i/c

TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI-600 097



Vijayakumar
VICE-CHANCELLOR
TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097.

YOGA PROGRAMME 2020
21.06.2020
(Centre for Yoga and Meditation)

6th international yoga day was celebrated Three events on 21-6-2020 centre for yoga and meditation, TNTEU in the virtual mode. Prof N.Panchanatham, vice chancellor, TNTEU as a patron over all the programmes, prof. M. Soundararajan head of department and director of centre for yoga and meditation, TNTEU acted as a co –ordinate the all three programmes, Mr.V. Vijayakumar, Assistant Professor and deputy director of centre for yoga and meditation, TNTEU and Dr. R. Rajalakshmi Assistant Professor, TNTEU wereserved as organisers of the all programme.

In the first event Mr. P. Ravikumar, Yoga Trainer, Swami Vivekananda Yoga Center, Theni worked as a resource person for the programme. He spoke on the topic of “Yoga is good for Community / Immunity / Unity” on 7 am. To 7.45 am.

In the second event Mrs Madana Rangamanhar, Sahaja Yoga Meditation centre Mumbai acted as a resource person for the programme and she spoke about “Stress Management and Personality Development through Sahaja Yoga Meditation” on 11.00am to 12.00 pm.

In the third event Arulnithi. Prof. S. Pragathieswaran, Department of Business Administration, Annamalai University has acted as a resource person for the programme and hedeliver the lecture about “Yoga for World Peace” on 2.30 pm to 3.30 pm. There were 10 students has participated in the programme.

V. Vijayakumar
V. VIJAYAKUMAR,
Assistant Professor,
Department of Value Education,
TAMILNADU TEACHERS EDUCATION UNIVERSITY,
CHENNAI-97.

m. n. d.

REGISTRAR i/c

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAIKAL, CHENNAI - 600 097



[Signature]

VICE-CHANCELLOR

TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAIKAL, CHENNAI - 600 097



TAMILNADU TEACHERS EDUCATION UNIVERSITY
Centre for Yoga & Meditation
 CHENNAI-97.

Cordially invites you all to celebrate

6th INTERNATIONAL DAY OF YOGA 2020

Yoga is good for
COMMUNITY | IMMUNITY | UNITY

Patron
Prof. N. Panchanatham
 Vice-Chancellor,
 TNEU.

Programme Coordinator
Prof. M. Soundararajan
 Professor & Head
 Department of Value Education,
 Director, Centre for Yoga & Meditation
 TNEU, Chennai - 97



Co-Patrons
Prof. V. Balakrishnan
 Registrar i/c, TNEU.
Prof. M. Govindan
 Controller of Examination i/c, TNEU.

Resource Person
Mr. P.Ravikumar, M.Sc., M.Ed., PGDCE, YC, YEM, YEM
 Yoga Trainer, Sree Sri Vivekananda Yoga Centre, Thedi.



This year's IDY will be observed around the theme **Yoga @Home and Yoga with family.**
 Inviting all Participation to Join - 6th International Yoga Day 2020

Date : 21.06.2020 (Sunday) Time : 7.00am to 7.45am (Common Yoga Protocol as per - IDY - 2020)

Programme Organiser
 Mr.V.Vijayakumar,
 Assistant Professor,
 Department of Value Education
 Co-Ordinator, Centre for Yoga & Meditation
 TNEU, Chennai - 97

Programme Co-Organiser
 Dr. R. Rajalakshmi
 Dr. K. Ratheeswari
 Assistant Professors,
 Department of Value Education
 TNEU, Chennai - 97

Organising Members
 Mr. K. Balasubramanian
 Mr. A. Rajadurai
 Mr. A. Purushothaman
 Ph.D Scholars, TNEU

* e-Certificate will be issue to all the participation

V. Vijayakumar
V. VIJAYAKUMAR,
 Assistant Professor,
 Department of Value Education,
 TAMILNADU TEACHERS EDUCATION UNIVERSITY,
 CHENNAI-97.

[Signature]

REGISTRAR i/c

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
 KARAPAKKAM, CHENNAI - 600 097.



[Signature]

VICE CHANCELLOR
 TAMILNADU TEACHERS EDUCATION UNIVERSITY
 KARAPAKKAM, CHENNAI - 600 097.



TamilNadu Teachers Education University

Chennai-97

DEPARTMENT OF VALUE EDUCATION

(CENTRE FOR YOGA & MEDITATION)

&

SAHAJAYOGA MEDITATION CENTRE, MUMBAI

INVITES FOR

INTERNATIONAL DAY OF YOGA

STRESS MANAGEMENT AND PERSONALITY DEVELOPMENT THROUGH
SAHAJAYOGA MEDITATION

Patron



Prof. N. Panchanatham, Ph.D.,

Honourable Vice Chancellor,
TNTEU, Chennai-97

Program Coordinator

Prof. M. Soundararajan, Ph.D.,

Professor & Head,
Department of Value Education,
Director, Centre for Yoga & Meditation,
TNTEU, Chennai-97.

Program Organiser

Dr. R. Rajalakshmi, Ph.D.,

Assistant Professor,
Department of Value Education,
TNTEU, Chennai-97.

Program Host

K. Balasubramanian, A. Purushothaman,
Ph.D., Scholars, TNTEU

Date: 21.06.2020

11 - 12 PM

Platform:



Google Meet

Resource Person



MRS. MADANA RANGAMANNAR,

SAHAJAYOGA MEDITATION CENTRE, Mumbai.

Co-Patrons

Prof. V. Balakrishnan, Ph.D.,

Registrar (i/c)
TNTEU, Chennai-97

Prof. M. Govindan, Ph.D.,

Controller of Examinations (i/c)
TNTEU, Chennai-97

Program Co-Organisers

Dr. K. Ratheeswarl, Ph.D.,

Assistant Professor,

Mr. V. Vijayakumar,

Assistant Professor,

Deputy Director, Centre for Yoga & Meditation,
Department of Value Education,
TNTEU, Chennai-97.

Technical Support

A. Rajadurai, Monda Naveen, Venkat Rao,

Ph.D., Scholars, TNTEU.

H. Janarthanan, M.sc. M.Ed.

V. Vijayakumar
V. VIJAYAKUMAR,

Assistant Professor,
Department of Value Education,
TAMILNADU TEACHERS EDUCATION UNIVERSITY,
CHENNAI-97.

m.r.d.

REGISTRAR i/c

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097



[Signature]

VICE-CHANCELLOR

TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097.



TamilNadu Teachers Education University

Chennai-97

DEPARTMENT OF VALUE EDUCATION

(CENTRE FOR YOGA & MEDITATION)

Invites You for the

International day of Yoga

YOGA FOR WORLD PEACE



Patron

Prof.N.Panchanatham,Ph.D.,

Honourable Vice chancellor,
TNEU, Chennai-97

Program Coordinator

Prof.M.Soundararajan,Ph.D.,

Professor & Head,
Department of Value Education,
Director, Centre for Yoga & Meditation,
TNEU, Chennai-97.

Program Organiser

Dr.R.Rajalakshmi,Ph.D.,

Assistant Professor,
Department of Value Education,
TNEU, Chennai-97.

Program Host

K.Balusubramanian A.Parushothaman,

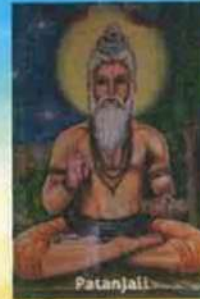
Ph.D., Scholars, TNEU

Technical Support

A.Rajadorai,Manda Naveen, Venkat Rao,

Ph.D., Scholars, TNEU,

H.Janarthanan,M.sc.,M.Ed.,



Patanjali

Resource Person

Arulnidhi.Prof. S.Pragatheeswaran,Ph.D .

Professor,
Department of Business Administration,
Annamalai University, Chidambaram.

Co-Patrons

Prof. V.Balakrishnan,Ph.D.,

Registrar (i/c)
TNEU, Chennai-97

Prof.M.Govindan,Ph.D.,

Controller of Examinations (i/c)
TNEU, Chennai-97

Program Co-Organisers

Dr.K.Ratheeswari,Ph.D.,

Assistant Professor,

Mr.V.Vijayakumar,

Assistant Professor,

Deputy Director, Centre for Yoga & Meditation,

Department of Value Education,

TNEU, Chennai-97.

V.Vijayakumar

V.VIJAYAKUMAR,

Assistant Professor,
Department of Value Education,
TAMILNADU TEACHERS EDUCATION UNIVERSITY

and
REGISTRAR i/c

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097



V.Vijayakumar
VICE-CHANCELLOR
TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097.



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CENTRE FOR YOGA AND MEDITATION

Yoga programme 2021 on 21.06.2020

ATTENDANCE

Sl.No	Student Enrolment number	Student Name
1.	1000118MD001	Gopalakrishnan A
2.	1000118MD002	Kathiravan V
3.	1000119MD001	Augstin Jebakumar J T
4.	1000119MD002	Devi P
5.	1000119MD003	Jancy M
6.	1000119MD004	Kanimozhi P
7.	1000119MD005	Renugadevi M
8.	1000119MD006	Kavitha Ceceli R
9.	1000119MD007	Sheeba S
10.	1000119MD008	Sophia B

V. Vijayakumar

V. VIJAYAKUMAR,

Assistant Professor,

Department of Value Education,

TAMILNADU TEACHERS EDUCATION UNIVERSITY,

CHENNAI-97.

m. n. d.

REGISTRAR i/c

TAMIL NADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097



[Signature]

VICE-CHANCELLOR

TAMILNADU TEACHERS EDUCATION UNIVERSITY
KARAPAKKAM, CHENNAI - 600 097.